## Bury Mental Health Action Plan 2013 - 2018 (DRAFT AS OF 25.09.13)

## \* Definition of timescales:

Short term: to be achieved in year one (by end 2013)

Medium term: to be achieved between years one to three (by end 2016)

Long term: to be achieved by year five (by end 2018)

			Short ter	m actions (	Year One)				
No	. Action	Outcome	Links to aims in the Strategy	Lead organisation	Lead Officer	Timescale* (short / medium / long term)	Status	RAG rating	Evidence
	pport in the community (including pre	vention and e	arly interve	ention)					
Exe	ercise and physical activity								
1	Awareness of benefits of sporting activities promoted to all Bury College students	More young people participating in physical activity	Aims 1, 2, 3 and 4	Bury College	College Sport Maker	Short	Monitored thro	ugh Bury Col	llege Sport Maker Project
Ho	using and independent living								
2	Map current housing stock for customers with mental health conditions (e.g., supported accommodation)	Greater understanding of distribution and availability of current resources, and so where future provision should be targeted. People supported to remain independent	Aims 2, 4	Council	Performance\and Housing Strategy	Sherr (subject to information being available on location of this housing)			
	vareness of mental health								
	nools and employers				·		Ta		
3	Bury College students to receive awareness raising tutorial activities on mental health issues	Raise \ awareness of mental health and tackle stigma	Aims 1, 2,4 and 5	Bury College	Executive Director, Learners and Staff	Short	Monitored by E Report	Bury College	Pastoral Self Assessmen

Staf	ff training						
4	GMP Bury Division will raise staff awareness of mental ill health via an on-line training programme.	Numbers of staff trained with and 6 improved outcomes for patients	GMP	Superintendent Territorial Policing, Bury Division	Short		
5	Increasing awareness amongst Primary Care and Secondary Care staff of employment services available to patients.	Increase Aim 2 understanding and awareness of how to signpost patients.	CCG	Joint Commissioning Manager	Short		
Pub	lic campaigns and awareness raising						
6	Co-ordinate publicity for events and activities taking place on World Mental Health Day	Increase Aim 6 awareness and reduce stigma	Bury Council CCG	Strategic Planning and Policy Officer Project Officer Customer Advice and Liaison / Joint Commissioning Manager	Short		
	Bury College Performing Arts students to design and deliver a 'Theatre in Education' performance on mental health. They will tour this production in local high schools.  Intal health services	Raise Aims 1, 4 awareness of and 6 mental health and tackle stigma	Bury College	Executive Director, Learners and Staff	Short	Monitored by Bury College Assessment Report	e Curriculum Self
Patl	hways						
8	Clarify the pathway to raise and investigate safeguarding concerns across all mental health services	Staff respond more effectively to safeguarding concerns  Aims 1, 4, 5	Bury Council ** Discussion to take place re: CCG involvement	Safeguarding Manager, Operations / Joint Commissioning Manager	Short		
9	To fully implement referral activation within Bury IAPTS with view to promote engagement with the service	To maximise engagement with the IAPT service for individuals referred for IAPT interventions	Pennine Care	Service Manager, Primary Care Bury IAPTs / GP Lead for Mental Health	Short	Complete	Referral activation is now operational

Info	rmation about mental health services								
10	Bury College to publicise information on mental health supplied them to the student population	Prevention, raising awareness and tackling stigma	Aims 1, 2,4 and 5	Bury College	Executive Director, Learners and Staff	Short			
11	Promote the Bury Guide to Mental Health Services provided by Pennine Care to GP's and Bury Adult care Services Staff	Professionals better informed about services available, referral pathways and mental health conditions	Aims 4 and 6	Pennine Care	Service Development and Contracts Manager	Short			
	eguarding					ا المسلسلة المسلسلة	<u> </u>		
	eguarding training	1							
12	All Bury College staff continue to attend safeguarding training	Increase staff awareness and understanding	Aims 1, 2 and 4	Bury College	Executive Director, Learners and Staff	Short	Monitored via E	Bury College	Safeguarding Group
13	Safeguarding awareness raising amongst secondary care mental health practitioners	Recognising risks and following safeguarding processes to manage risk	Aim 5	Bury Council Bury CCG *** Discussion to take place re: CCG involvement	Saleguarding Manager, Operations / Joint Commissioning Managek	Short		ڎ	
Effi	cient Services	Z		\سنسي		معتسم			
Data	a \ \ \ \ \								
14	Develop a mental health pathway (to illustrate the support and services available)	Improve understanding of current service provision	Aim 4	Council	Strategic Planning and Policy Officer	Short	Complete		Q:\Performance & Information Team\S
15	Obtain regular mental health data from Bury GP registers	Improve understanding of performance.	Aim 4	CCG	GP Lead for Mental Health	Short			
16	Develop an evidence base which will support the prevention agenda and interventions.	will inform commissioning intentions	4	Council - Public Health	Consultant	Short term (Nov 2013)	Complete		Q:\Performance & Information Team\S
17	Provision of comprehensive information regarding the evaluation of the RAID service	Evidence base will inform commissioning intentions	Aim 5	Pennine Care	Acute Service Line Manager, North Division	Short			

		M	ledium te	rm actions	(Year Thre	ee)				
No.		Outcome	Links to aims in the Strategy	Lead organisation	Lead officer	Timescale* (short / medium / long term)	Status	RAG rating	Evidence	
	pport in the community (including pre	vention and e	arly interve	ention)						
Exe	rcise and physical activity									
1	Adult Learning Service Brighter Futures Project to work with Leisure Services to encourage and support take-up of exercise and physical activities for adults with mental health needs	More people participating in physical activity	Aims 1, 3	Council	Asst Head Libraries and Adult Learning	Medium term	Monitored thro	ugh Brighter	Futures Project	
2	Continue to work through Township Forums to		Aim 3	Council	Communities	Medium term	Monitored via	•		
	encourage them to promote and support projects which encourage people to become physically active and improve access to fresh food (e.g. incredible edible).	raising of opportunities to become physically active		(Township Forums)	Manager		http://www.bur	y.gov.uk/indo	ex.aspx?articleid=1763	
3	Promotion of an assessment and exercise strategy in Primary Care using standardised assessment tools (GPAQQ).	More people participating in physical activity		Public Health - waiting for engagement from Public Health to confirm this action.	Joint Commissioning Manager	Medium				
4	Improving physical health and wellbeing in		Aims 1, 3	CCG	Joint	Medium				
	patients with enduring mental illness.	participating in physical activity		Pennine Care	Commissioning Manager					
Emp	oloyment and volunteering									
5	Local employers, organisations and job seekers to be made aware of in-work employment schemes (eg. "Access to Work"). These schemes are funded by DWP and provide time-limited practical solutions which remove barriers to employment (eg. assisted travel)	Employers made aware of support available to employ people recovering from mental health conditions	Aim 2	Jobcentre Plus	Partnership Manager	Medium				

6	Local employers, organisations and job seekers to be made aware of the "Wage Incentive" scheme. This is funded by DWP and provides financial incentives for organisations to employ disabled people - including mental health.	Employers made aware of financial support available to employ disabled people		Jobcentre Plus	Partnership Manager	Medium	
7	Support people with mental health needs to gain volunteering experience	More people gain employment skills and / or experience working with others	Aim 2	Council	Asst Head Libraries and Adult Learning	Medium term	Monitored through Brighter Futures Project
Lea	rning and training						
8	Support 60 people with mental health needs to access learning and training opportunities	Better access to learning and training	Aim 2	Council	Asst Head Libraries and Adult Learning	Medium term	Monitored through Brighter Futures Project
Env	ironment		7				
9	Township Plans are developed and agreed through local councillors, community groups and public meetings (for each of the borough's six township areas). Each plan contains local priorities to help improve community wellbeing for all.	health,\	Aims 1, 2 and 3	Council	Communities Manager	Medium-term	Monitored via Township Plans http://www.bury.gov.uk/index.aspx?articleid=1763
Volu	untary groups and peer support						
10	Support for adult students and younger students who are carers at Bury College	Provision of advice and support	Aims 1, 2 and 4	Bury College	Executive Director, Learners and Staff	Medium	Monitored by Bury College Self Assessment Report
11	Local voluntary group funded to provide regular peer support sessions and a range of awareness raising activities	Reduce isolation via provision of peer support, raise awareness, tackle stigma	Aim 2	Council	Programme Support Manager	Medium	

12	practices across Bury, with a focus on Dementia, including carer support, within BME communities	hidden carers amongst BME communities	Aims 1, 4	CCG	Commissioning Manager	Medium		
13	Support the on-going development of peer support opportunities available for mental health service users in the borough through the on-going development and redesign of the CHOICES service.	Empower mental health service users to develop self sustaining support networks	Aims 2,4,6	Pennine Care	Community Service Manager, CMHT	Medium		
Hou	sing and independent living							
15	confidence building and living in a supported environment)  Develop and embed a contingency arrangement within care and support contracts, whereby when a provider reduces the level of support, this reduction can be quickly accessed should a relapse occur.	equipped to live independently and manage their own budget  More people supported to live independently, ensuring needs are appropriately met, resources used appropriately	Aim 1, 2	Council	Asst Head Libraries and Adult Learning Senior Contracts and Procurement Officer	Medium term	Monitored through Brighte	r Futures Project
16	Review current placements for mental health service users within residential care to identify if client needs are continuing to be met. The results of the review should inform housing needs.	Ensuring needs	Aim 4	Council and Pennine Care	Service Manager, CMHT / Older People's Service Manager	Medium Term		

Ser	vice user voice				
Eng	agement		_		
17	Further engage people with mental health needs in Adult Learning Services to determine learning needs and gather feedback on provision to ensure it is appropriate and relevant	Better developed service to meet needs	Aim 4	Council	Asst Head Libraries and Adult Learning  Medium term Monitored through Brighter Futures Project
18	questionnaires for Primary Care.	Better developed service to meet needs	Aims 1, 4	CCG	Joint Commissioning Manager Medium
19	Establish mechanisms for members of the NHS Bury CCG Patient Cabinet to review and input into mental health commissioning plans.	Ensure that commissioning plans are informed by patient and public perspectives and experience	Aim 4	CCG	Operations and Engagement Manager  Medium
Pers	sonal budgets	, , , , , , , , , , , , , , , , , , ,			
20	Ensure that all mental health service users who are eligible to access personal budgets are encouraged to do so.	All service users who are eligible to access personal budgets are encouraged to do so.		Pennine Care	Service Manager, CMHT / Older People's Service Manager
Awa	areness of mental health		\		
Sch	ools and employers				
21	Review CAMHS and IAPTS to ensure health promotion and prevention become a core part of their service.	Raise awareness of mental health and tackle stigma	Aims 1, 2,4 and 5	CCG	Joint Commissioning Manager Medium
22	Contracts with all CCG providers showing evidence of mandatory training in Mental Health, ASD and Dementia.	Increase understanding of mental health and how to support people	Aims 1, 2,4 and 5	CCG	Joint Commissioning Manager Medium

Staf	f training					
23	Develop a mental health training package for Bury Council and CCG frontline staff.	Increase understanding of mental health, how to support and signpost customers	Aims 4 and 6	Bury Council CCG	Strategic Planning and Policy Officer / Joint Commissioning Manager	Medium
24	GMP will host multi-service table top exercises to raise staff awareness of issues surrounding mental ill health.	Numbers of staff trained with improved outcomes for patients	Aims 4, 5 and 6	GMP	Superintendent Territorial Policing, Bury Division	Medium
25	Frontline staff in Jobcentre Plus to receive basic mental health awareness training	Frontline Jobcentre Plus staff to have better understanding of how to support jobseekers recovering from mental health conditions	Aim-2	Jobcentre Plus	Partnership Manager	Medium
26	Identify a mental health/dementia champion within each practice.	Named contact within each practice acting as an advocate for mental health	Aims 1,	CCG	doint Commissioning Manager	Medium
27	Develop multi-disciplinary team networks of clinicians and other professionals to discuss clinical cases, which include significant mental health elements, at a sector level.	Sharing of learning and best practice to improve outcomes for patients	Aims 4 and 6	CCG	Joint Commissioning Manager	Medium
Pub	lic campaigns and awareness raising					
28	Raising awareness of the '5 Ways to Wellbeing' agenda through Primary Care, Secondary Care, Public Organisations, Voluntary Sector and Private Organisations	Prevention and increased awareness	Aims 1, 3, 6	Bury Council Waiting for engagement from Public Health to agree an appropriate action	Joint Commissioning Manager	

29 Mor	Support wider awareness of mental health issues within local communities and promote social inclusion for individuals with mental health needs within their local communities through the community mental health services transformation project.	Increase awareness, reduce stigma and improve social inclusion opportunities	Aims 1,2,4 and 6	Pennine Care	Service Manager, CMHT / Community Service Manager, CMHT	Medium
	to provide more services close to home					
30	Define the current service delivered by all	Provide a	Aim 4	CCG	Joint	Medium
30	providers and develop a CCG library of service specifications. Specs to be reviewed	baseline on which to make	AIIII +		Commissioning Manager	Weddin
31	Administration of Anti-psychotic Depots for stable patients in general practices	Reduce re- admission and improve compliance	Aim 2	CCG	Joint Commissioning Manager	Medium
32	Every general practice to have an existing Primary Care mental health worker embedded within the practice.	Early identification and prevention of mental health issues	Aim 1	CCG	Joint Commissioning Manager	Medium
Path	ways		Ì			
33	Substance Misuse and mental health services (Access and Crisis, Single Point of Entry, primary care psychological services, CMHT Fairfield Hospital Mental Health Wards) to jointly develop or update pathways into and out of services. This will ensure that service users receive seamless provision where appropriate.	transition\for service users and improve joint working between services.	Aims 4	Pennine Care	Manager, Bury Community Drug and Alcohol Team	
34	Improving transition pathways between children's and adult mental health services.	Improve transition for service users and improve joint working between	Aim 4	CCG Pennine Care	Joint Commissioning Manager	Medium
35	Develop mental health services that also support people with physical illness e.g. MUPs and condition specific assessments.	services. Integrated Care to improve health and wellbeing	Aim 3	CCG	Joint Commissioning Manager	Medium

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36	for patients who suffer a relapse and understand why patients are re-admitted.	Improved outcomes for patients through early intervention	Aim 2	CCG	Joint Commissioning Manager	Medium
37		Improving access to psychological services and promoting recovery	Aims 1, 2	Pennine Care CCG	Service Manager, Primary Care Bury IAPTs / Joint Commissioning Manager	Medium
38	people with long term conditions.	More people accessing psychological therapies to manage their health and stay well for longer	Aim 1	CCG	Joint Commissioning Manager	Medium
39	Evaluation of self-harming in A&E and the method of follow up.	Identification of people requiring mental health intervention	Aim 5	CCG	Joint Commissioning Manager	Medium
40	• Ensuring patient is seen by the most		Aims 2,3,4,5,6	CCG	Joint Commissioning Manager	Medium
41	Development of new ASD/ADHD service for adult patients and review of transition to adult services.	Improved outcomes for patients and transition	Aims 2, 4	CCG	Joint Commissioning Manager	Medium

42	Improve advice available to individuals diagnosed with Dementia through collaborative working with the Dementia Advisor Service provided by the Alzheimer's Society	Individuals with dementia and their carers are provided with advice, information and signposting in a timely manner. Improve joint working between services	Pennine Care	Older People's Service Manager	Medium			
43	Extend the implementation of social	Increase Aims 1, 2	Pennine Care	Service	Medium			
	prescribing for individuals with mild to	availability of and 4	/	Manager, Primary Care			\	
	moderate mental health needs	low level social		Bury IAPTs	\ \		\	\
	across the borough	interventions to			( )	$\downarrow$		
		improve the						
		wellbeing of individuals with	/					
		mild to						
		moderate						
	\	mental health						
		needs \						
44	Support the integration and neighbourhood	Development of Aims 1, 2, 4	Rennine Care	Service Manager, CMHT	Medium			
	agenda through aligning community mental health services with borough locality health	an effective fully and 6 integrated		/ Community				
	and social care teams to improve joint working			Service Manager, CMHT				
	and provision of effective health and social	the assessed		/ Older People's				
	care interventions to meet the holistic needs	health and		Service Manager				
	of mental health service users within the areas							
	that they live	mental health						
		service users						
45	Improving access to mental health services	Improved Aim 1, 2	CCG	Joint	Medium			
73	for people with mental ill health being	outcomes for		Commissioning	Wicalaili			
	released from prison.	patients		Manager				
	rmation about mental health services							
46	Develop an information resource detailing how			Assistant Director of	Medium			
	to access services and support available in	and 4	CCG	Business Re-				
	Bury.	professionals		design &				
		better informed about services		Development / Joint				
		and support		Commissioning				
		available.		Manager				

47	Ensure the provision of mental health information that is culturally sensitive for hard to reach groups, e.g. BME communities, via general practice and mental health care providers. Record and monitor distribution.	Patients, public and professionals better informed about services and support available	Aim 1, 3	CCG	Joint Commissioning Manager	Medium	
Scre	ening and holistic assessment						
48	Improve quality of screening for people with mental ill health taken into police custody as part of the criminal justice process	Improve rate of diagnosis	Aims 4, 5 and 6	CCG	Joint Commissioning Manager	Medium	
49	Improve routine physical health screening for individuals diagnosed with a severe and enduring psychotic illness	Individuals with severe and enduring psychotic illness will have better health outcomes	Aim 3	Pennine Care	Service Manager, CMHT / Community Service Manager, CMHT		
Disc	harge						
50	Improve the quality of information sharing between Primary Care & Secondary Care and Primary Care & Social Care.	Improved outcomes for patients	Aim 4	CCG	Joint Commissioning Manager	Medium	
51	Develop the process by which individual placements from hospital take place and ensure contracts reflect positive patient outcomes, including independent living skills.	Increasing people's independence in the community	Aim 2, 4	CCG	Service Manager Continuing Health Care	Medium	
52	Develop additional shared care protocols to facilitate discharge from mental health services to primary care and GP led services for individuals who no longer require support from specialist mental health services.		Aims 2, 4	Pennine Care CCG	Service Development and Contracts Manager / GP Lead for Mental Health	Medium	

Safe	Safeguarding								
Safeguarding									
53	Ensure suitable support is in place for people detained under Section 136 of the Mental Health Act and minimise the use of police cells.	Ensuring needs are appropriately met and resources used effectively	CCG/GMP	Superintendent Territorial Policing, Bury Division	Medium				
	Improve identification of socially isolated people in the community at increased risk of fire through the development of a partnership approach (using GMFRS Partnership Agreement model). Deliver person centred interventions to individuals identified.	Prevention and reducing risk of fire	GMFRS	Community Safety Manager; Bury, Oldham and Rochdale	Medium				
	Ensure that the Bury Safeguarding Adult pathway is integrated into the Pennine Care electronic clinical record system to improve accurate reporting of safeguarding concerns identified by mental health services and monitoring of outcomes of safeguarding investigations	Effective and accurate reporting and monitoring of safeguarding incidents and investigation outcomes	Pennine Care	Service Manager, CMHT	Medjum term				
Safe	guarding training								
	Rolling programme of adult safeguarding training for GP's and GP practice staff. CCG staff to complete basic awareness training as part of the three year mandatory training.	Raising awareness and reducing the risk of avoidable harm	CCG	Designated Nurse for Safeguarding (Children and Adults)	Medium				
Effic	cient Services								
Data	Data								
	Develop a performance reporting framework for all mental health services commissioned by Council and CCG	Improve Aim 4 understanding of performance.	Council CCG	Strategic Planning and Policy Officer / Joint Commissioning Manager	Medium			Q:\Performance & Information Team\S	
58	Obtain data from GMP and NWAS in relation to calls about people presenting with mental ill health difficulties	Improve understanding of use of resources.	GMP / NWAS	Superintendent Territorial Policing, Bury Division	Medium				

59		Improve understanding of performance.	Aim 4	Council Pennine Care	Senior Partnership Implementation Officer, DAAT / Service Manager, Bury Community Drug and Alcohol Team	Medium
Outo	comes	l .				
60	Develop outcomes indicators for all mental health services commissioned by Council and CCG	Improve understanding of outcomes	Aim 4	Council CCG	Strategic Planning and Policy Officer / Joint Commissioning Manager	Medium
61	Review of Crisis Response Service to ensure patients with physical and mental comorbidities can have a combined community response.	More holistic person centred approach to health and wellbeing	Aim 3	CCG	Interim Project Manager	Medium
Fina			\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \		Ctrotogia	B.B. a. J
62	services and interventions (will enable third	Improve understanding of effectiveness of current spend	Aim 4	Council CCG	Strategis Planning and Policy Officer / Joint Commissioning Manager	Medium
63			Aim 4	Council CCG	Assistant Director of Commissioning and Procurement / GP Lead for Mental Health	Medium
Futu	ıre priorities to address					
64	improving emotional wellbeing	Prevention and promoting recovery	and 6	Council	Interim Director of Public Health	Medium
65		More people participating in physical activity	Aims 1, 2 and 3	Council	Assistant Director of Operations, Communities and Neighbourhoods	Medium

			Long ter	m actions (	Year Five)	)			
No.	Action	Outcome	Links to aims in the Strategy	Lead organisation	Lead officer	Timescale* (short / medium / long term)	Status	RAG rating	Evidence
Support in the community (including prevention and early intervention)									
iou	sing and independent living			-				<u> </u>	
	conditions to identify what housing is required and to liaise with partner organisations to seek opportunities for service provision.	Ensure maximisation of and most appropriate and effective use of resources.	Aims 2, 4	Council Pennine Care	Head of Performance and Housing Strategy / Service Manager, CMHT / Older People's Service Manager / Community Service Manager, CMHT				
	areness of mental health								
2	Develop shared values and a sense of belonging within communities across Bury.	Raise awareness of mental health and tackle stigma	Aim 6	Council	Community Cohesion Officer	Long			
3	Maintain annual mental health and emotional wellbeing education sessions for year 9 pupils in Bury high schools	Raise awareness of mental health and tackle stigma	Aim 1, 5, 6	Bury Samaritans	Director	Leng			
Staf	f training								
4	Bury Samaritan volunteers to continue to be informed by mental health professionals and people with mental health conditions	Increase understanding of mental health and how to support people	Aims 1, 4, 6	Bury Samaritans	Director	Long			

Public campaigns and awareness raising							
5	Provide information at public events to raise awareness of mental health and understanding of the types of support Samaritans offer	Prevention, raise awareness of mental health and tackle stigma	Aims 1, 2, 4, 5, 6	Bury Samaritans	Director	Long	
6	Advertise new text support service provided by Samaritans	Prevention, raise awareness of support available and tackle stigma	Aims 1, 2, 4, 5, 6	Bury Samaritans	Director	Long	
Saf	eguarding			$\sim$			
Sui	cide prevention						
7	Ensure that mental health services are available to provide a timely response to individuals presenting with a mental health crisis 24 hours a day through the on-going development and provision of an emergency response service.	Provision of an effective and supportive response to individuals experiencing a mental health crisis	Aims 4 and	Pennine Care Bury CCG	Acute Service Line Manager, North Division / GP Lead for Mental Health		
Effi	cient Services						
Out	comes						
8	Integrated commissioning and provision of physical and mental health services and social care services to deliver person centred care in the community that addresses both physical and mental health.	Sector based models wrapped around GPs	Aim 1, 3	CCG	Interim Project Manager Integration	Long	